

# Winter Retreat Packing Guidelines

SPACE IS LIMITED. Make sure you have lots of warm clothing and be ready to spend time outdoors, but only bring the essentials. Remember, we're only gone for a weekend!

## Sleeping

- Bedding (sleeping bag or blanket and sheet)
- Pillow

## Personal Hygiene

- Shower towel
- Shower items (shampoo, soap, shower shoes, etc.). You will get gross. Plan to shower.
- Deodorant
- Toothpaste and toothbrush
- Brush/comb

## Clothing

- Garbage bag for dirty and wet laundry (trust me, you will want to bring this!)
- Warm pants, shirts, and sweaters/sweatshirts (lots of layers)
- Extra pants for horseback riding/paintball
- Warm/extra socks
- Shoes and clothes for indoors/gym
- Pajamas

## Snow Gear

- Snow pants, hat, gloves, waterproof boots & winter coat
- Boots for heavy snow, mud, and horse pasture
- Hand warmers

## Other

- Bible, pen, and notebook
- Spending money if desired for soda, candy, and souvenirs
- Money for lunch on the way home (fast food)
- Small Games (like a deck of cards)
- Reusable Water bottle

## What to leave at home:

- + Fireworks
- + Knives or weapons of any kind
- + Drugs, alcohol, and tobacco products
- + Your pet hamster, dog, snake, rock, etc.
- + Offensive images (on shirts, bags, etc.)